

# FOALING GUIDELINES

While your mare is in labor: If you notice your mare down and cramping for longer than 20 minutes with no progress, if her water breaks and there is no progress within 10 minutes, or you see a red bag instead of a white sack with feet, IT'S AN EMERGENCY, call your vet. It usually takes less than hour from when her water breaks to deliver the foal.



Once your new foal hits the ground remember **1-2-3**, it should stand within 1 hour, should nurse within 2 hours, and the mare should pass the placenta within 3 hours. If any of these things do not happen IT'S AN EMERGENCY, call your vet.

If all goes well you can treat the umbilical stump with 10% iodine or navel dip, save the placenta in a bucket or trash bag and call your vet in the morning for a new foal check.

We like to see mares and newborns between 12 & 24 hours of delivery to make sure everyone is okay, run an IgG test, and dispense preventative antibiotics for the foal.

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